

Evaluation Performance Skills

These team skills will serve as a guide for team requirements.

Actual teams will be determined after evaluations. Levels will be determined based on the team's majority of skills

Age for Mini, Youth and Jr. teams is determined by the athlete's age on August 31, 2009.

Age for Senior team is determined by the athlete's age on May 31, 2009

ONLY ATTEND EVALUATIONS FOR YOUR AGE GROUP

Action All Stars Coaches may request a team member to attend a different age group's evaluation.

Team	Age	minimum tumbling skill required
Mini	6-8	no requirement
Youth Blue	9- 11	cartwheel, round off, standing back handspring (spotted)
Youth Red	9-11	All of the above plus, Standing back handspring, round off back handspring, back tuck (spotted)
Jr. Blue	11- 14	Standing Back hand spring (spotted) round off back hand spring (spotted)
Jr. Red	11-14	Standing back handspring, toe-touch back hand spring toe-touch, round off back hand spring, round off back tuck
Senior (Co-ed)	15-18	Standing back handspring, round off back hand spring, round off back tuck (spotted), standing back (spotted)

Please note: We may choose cheerleaders who do not currently possess a required tumbling skill with the obligation that they agree to and complete additional tumbling classes until they acquire the skill. The additional classes will be at the expense of the cheerleader. You may however choose to participate on a lower level team.